Pack clothing in a suitcase that the traveler can carry or roll themselves. We recommend luggage that has rollers or wheels. All travelers are responsible for carrying or assisting with their own luggage. We understand when someone needs an extra hand, but we encourage as much independence as possible.

Due to limited space, we ask that all travelers limit their luggage to one suitcase or bag. Only bring a small carry on if there is something that the traveler must have available to them at a moment’s notice. On flight trips, cameras should be packed in the carry-on. No liquids, gels or lotions in the carry-on bag.

Send clothing appropriate to the time of year and season—if you have access to the web, visit the website of the destination city or watch the Weather Channel. Every itinerary contains helpful information and tips for your specific trip.

When packing, adjust this list according to the individual traveler’s needs. If a trip requires a sleeping bag or bath towels—you will be notified. Otherwise every trip has bedding, towels, etc. provided in the accommodations.

For every trip:
_____ a clean shirt for each day of the trip
_____ a long-sleeved shirt or two (depends on time of year & weather—send more in winter)
_____ clean pants/jeans for each day of the trip (depending on time of year & weather)
 If traveler wears pants or jeans a second time, send fewer items.
_____ clean shorts for each day of the trip (depending on time of year & weather—send more in summer)
 If shorts can be worn more than one day, send fewer items.
_____ 1-2 sweaters or sweatshirts to layer (depending on time of year & weather—send less in summer)
_____ clean underwear for each day of the trip, more if needed. Pack one-two extra in case of delay.
_____ clean socks. During the summer, many travelers wear sandals without socks, adjust as needed.
_____ *comfortable walking shoes (wear one and bring one)

*Do not purchase brand new shoes right before the vacation—always pack shoes that are comfortably worn.

_____ cloth laundry bag or pillowcase for dirty clothes
_____ sun hat or cap, if appropriate to trip/weather
_____ rain jacket or water-repellent jacket
_____ bathing suit, if appropriate to trip/weather
_____ towel for beach, if appropriate to trip/weather
_____ pajamas
_____ deodorant*
_____ soap*
_____ brush/comb
_____ toothpaste*/____ toothbrush
_____ shampoo*/____ conditioner
_____ shaver or razors (label w/ name)

*Send travel size bottles of shampoo, deodorant, soap, toothpaste and conditioner. Place in a Ziploc bag to protect your clothing. For flight trips, these items must be in your luggage, NOT your carry-on.

_____ for trips with horseback riding: Must have long pants/jeans and closed-toe shoes such as gym/tennis shoe or riding boot.
_____ On Cruise Vacations: pack one nice outfit (ie dress, khakis, dress pants, button down shirt, jacket, sweater, etc.)

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